



## COACHING HISTORY

**October 1992 – March 2005** (13 seasons) - Blaise and Yvette Kirchgesner

**Blaise & Yvette Kirchgesner** dedicated many hours to our skaters and our club, guiding our skaters through lessons, tests, competitions and spectacular ice shows. Blaise and Yvette came to our club with a wealth of skating experience. In addition to their coaching qualifications, both Blaise and Yvette are decorated competitive skaters, and each had spent several years as members of Ice Capades. Their experience with the Ice Capades was visible through the spectacular production of our annual Ice Shows. During their tenure, they coached many skaters, several of whom had accomplished great things in the sport of figure skating, and they groomed two club members to become excellent coaches. The Clavet Skating Club would like to thank Blaise and Yvette for their time with us – they have raised many dedicated skaters.

**Danny (Belosowsky) James** was a long time member of our club. In addition to being an accomplished figure skater herself, Danny was a member of the Clavet Skating Club executive for several years. Danny assisted Blaise and Yvette in delivering the CanSkate program for approximately 4 skating seasons. Thank you, Danny, for your time and enthusiasm.

**2005/2006** – Heather Martin, Nicole Mouly, Jen Mason, Nicole Thomas, Kalee Ellis

**Heather Martin** came to our club with a wealth of coaching experience. In addition to her coaching certification, and many years of coaching experience, Heather has achieved her Gold Figure, Gold Freeskate, Gold Dance and Gold Artistic. Coaching has granted Heather with several memorable lifetime opportunities. Heather has had the opportunity to travel and meet many wonderful people, including 7 months coaching in New Zealand, where challenges of a different skating/coaching system didn't hinder her success in taking skaters to Nationals, claiming two Silver medals. This is one of Heather's proudest moments in coaching.

Coaching is not without its challenges, but Heather reaps the rewards as she watches her skaters accomplish their goals. Heather's goal is to pass on the passion of the sport to her skaters and her own daughter who has taken an interest in the sport as well.

**2006/2007** – Nicole Mouly, Jen Mason, Nicole Thomas, Sarah Clarke, Jenalee Mischkolz

**2007/2008** – Nicole Mouly, Jen Mason, Nicole Thomas, Sarah Clarke, Jenalee Mischkolz

**2008/2009** – Nicole Mouly, Jen Mason, Nicole Thomas, Sarah Clarke, Jenalee Mischkolz

**Nicole (Mouly) Gryba** was a member of Clavet Skating Club for 17 years. As a skater, she represented Clavet for 13 of those years under the coaching of Blaise and Yvette Kirchgesner. During that time she acquired her Jr. Bronze freeskate, Gold Skills and Gold Dance. She also represented Clavet at a number of regional and provincial competitions. As a long-time member she was honoured with various club awards over the years, including *StarSkater of the Year* in 2004.

In 2005, Nicole decided to end her training as a skater and become a certified coach. She was hired by the Clavet Skating Club coaching staff to give private lessons to StarSkaters in the areas of skills, freeskate and dance, as well as assist with the CanSkate program alongside her colleague, Jen Mason. Nicole also coached the Adult Learn-to-Skate program in the 2007/2008 and 2008/2009 seasons.

After the 2008/2009 skating season, Nicole decided to move on from the Clavet Skating Club to pursue her career in Marketing and move to Prince Albert with her husband. Nicole's passion for skating continues, while the Clavet Arena and its community hold a special place in her heart.

**Jenalee Mischkolz** began her skating career at the age of 3 with the Rockglen Figure Skating Club. Her list of accomplishments as a skater include: Gold Dance, Gold Skills, Gold Freeskate, Novice Competitive Freeskate and a member of the provincial skating team.

Jenalee became coach certified in 2004. She is Partial N.C.C.P. Level One certified, as well as PowerSkate certified.

Jenalee is in the process of completing her Bachelors of Science, Honours, in Biology. She will begin her Master of Plant Sciences in Plant Ecology in May 2010. Good Luck Jenalee.

**Jennifer Mason** was a long time member with the Clavet Skating Club. Jen became involved with the club at a very early age as a figure skater. Jen's love of figure skating was very evident in her commitment to and success in the sport. She achieved Gold Dance, Gold Skills, Senior Bronze Freeskate, Bronze Interpretive and Bronze Rhythm in the SkateCanada Test Stream. Jen also skated at the Pre-Novice Competitive Dance Pairs level in the competitive stream. In addition, Jen skated as a member of the Saskatchewan Winter Games Team in 2002.

Jen began her training as a coach in 2003, under the direction of the club coaches, Blaise and Yvette Kirchgesner. She became a certified coach in 2004. Jen's passion for the sport was also evident in her commitment to her skaters. Skaters of all ages were drawn to Jen's pleasant manner, unending patience and continuous support.

Jen continues to share her love of figure skating through coaching, while pursuing a career in Education. The Clavet Skating Club would like to express their sincere gratitude to Jen for her time with the club, for the leadership she provided, and the talents she shared with the skaters, both as a fellow figure skater and as a coach. Best wishes in the future Jen.

**2009/2010** – Nicole Thomas, Sarah Clarke, Lenka Seniglova, Tayler Belosowsky

**Sarah Clarke** - Figure skating has been a huge part of Sarah's life since the age of 3 and it is no wonder that she is an accomplished skater. Sarah has achieved Gold Dance, Gold Skills, Gold Interpretive, Introductory Couples Interpretive, and Junior Competitive Freeskate.

Sarah came to the Clavet Skating Club in the fall of 2006. Over the past 4 years, Sarah has won the hearts of our club with her bright smile and enthusiasm. Sarah's skating expertise and passion for the sport has instilled a desire to excel in many of our skaters.

Sarah has attained her Personal Training Certificate, and will graduate from the UofS with a degree in Kinesiology. With that, she is returning to her home town of Moose Jaw to pursue a career as a personal trainer. We wish you all the best. Know that with your winning attitude, you will find success in all your endeavors.

**Lenka Seniglova** - Figure skating has been my passion since I was four years old. I believe I have learned much more than just figure skating moves throughout my athletic career. I have acquired skills that help me in my everyday life including discipline, dedication, time-management, fair play, hard work, and persistence to name just a few. I would like to pass on what I have learned through my experiences to my students.

I have successfully defended my thesis in the Master's program in Kinesiology at the University of Saskatchewan which focused on injury prevention in figure skating.

Lenka is an accomplished figure skater with the following accolades to her name:

Former European and World competitor representing the Czech Republic;

21 years of skating experience (both solo and synchronized skating);

Certified NCCP Level 1; NCCP Level 3 Theory; Working on ISPC.

**Tayler Belosowsky** - I have been a member of the Clavet Skating Club from the time I learned to skate. I started skating as soon as I could walk. My mom is a skating coach, so she was excited to get me going with it. Lucky for her, and for me, I loved it!

I have achieved Gold Skills, 3 of 4 Gold Dances, and Senior Bronze Freeskate.

Tayler became a certified coach in 2010, and Clavet Skating Club was very fortunate to have her for a season as CanSkate coach. Tayler continues to coach with the Martensville club.

**2010/2011** – Nicole Thomas, Laura McLeod, Jon Okrainetz, Ricki Obed, Nicole Wutke, Katie Monson

**Nicole Thomas** has a wealth of coaching experience with over 10 years of coaching behind her. "I love everything about coaching, but coaching freeskate and skating skills I would say is my favourite." Nicole is an accomplished skater and coach with the following accolades to her credit:

NCCP Level 2 Certified, NCCP Level 3 Theory & Technical, CEP Gold Status

Gold Skills, Gold Dance, Gold Interpretive, Senior Silver Freeskate

Off-Ice Instructor

Nicole attained her Ph.D. in Psychology at the University of Saskatchewan in 2011.

The Clavet Skating Club wishes to thank Nicole for sharing her expertise with our skaters and wish her all the best in the future.

**Nicole Wutke** is a dynamic young coach with loads of enthusiasm. Nicole became coach certified in 2009 with the following credentials: NCCP Level 1 Certified.

Nicole is also an accomplished skater having been a member of the SaskFirst Team, and attained her Junior Silver Freeskate, Senior Silver Dance, Senior Silver Skating Skills, and Silver Interpretive.

Nicole has completed the Pharmacy Technician program and pursues her career in Regina.

"I greatly appreciated the time spent coaching in Clavet. The children were so much fun to teach and the assistants were a huge help! I enjoyed working with the parents, skaters and executive and will miss everyone very much. I am sad that my experience only lasted one year in Clavet but my wish is that each skater can pursue their biggest dreams and continue to enjoy the sport of figure skating!"

The Clavet Skating Club wishes to thank Nicole for the year she spend with our CanSkaters and wish her all the best in the future.

**Ricki Obed** – The Clavet Skating Club wishes to thank Ricki for lending her expertise with our skaters this season. Ricki is an accomplished skater and was instrumental in helping our skaters with their skating programs in particular. Best of luck Ricki in your future endeavors.

**2011/2012** – Laura McLeod, Jon Okrainetz, Kayla Parker, Katie Monson, Kiara Popoff